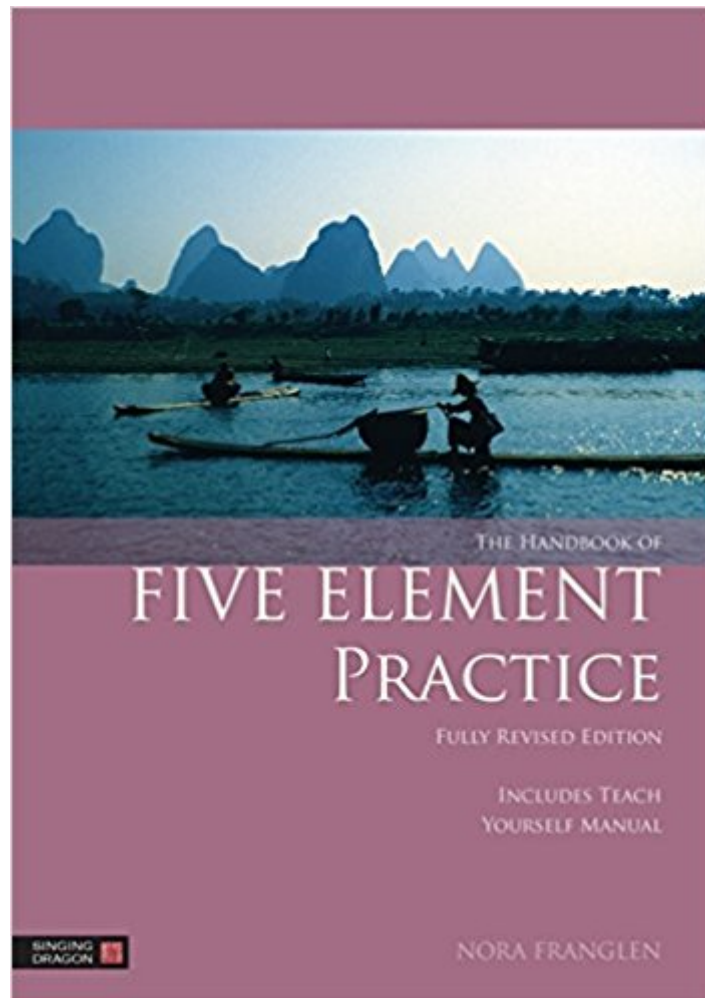




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# **The Handbook Of Five Element Practice (Five Element Acupuncture)**



## Synopsis

A practical companion for students and practitioners of five element acupuncture that helps stimulate thoughts, refresh memories and strengthen the foundation of practice. With detailed outlines of the different components of five element diagnosis and treatment and overviews of the main characteristics of the five elements, this complete manual will support and invigorate practice. Full of examples, it explores the skills and techniques needed to nurture patient-practitioner relationships, assess patients correctly, select appropriate treatments and needle the points effectively. The book also includes a Teach Yourself Manual to further refresh understanding of this ancient form of healing. This comprehensive handbook will be of immeasurable use to students and practitioners of five element acupuncture, as well as those who are interested in studying acupuncture and want to know more.

## Book Information

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## Customer Reviews

Nora has been an admired colleague for many years, and I have watched her shepherd an acupuncture school of her own in London, and more recently, successfully reintroduce the teaching of five element acupuncture to eager practitioners in mainland China, using the material covered in this excellent handbook. She has a unique gift for transmitting the pure essence of this tradition, and in this way reminds me, more than anyone else I know, of her teacher, the late Professor J. R. Worsley. --Peter Eckman MD, PhD, MAc(UK), author of *In the Footsteps of the Yellow Emperor* and

## The Compleat Acupuncturist

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